Memory Training

Innovative, 4-week educational program for improving memory

Written and designed by Gary Small, M.D., and Linda Ercoli, Ph.D. for people with mild memory concerns

Taught by certified trainers who demonstrate strategies and techniques in an interactive classroom setting

9 out of 10 participants report improvements in their memory

Program Benefits

- Remember names and faces
- Recall appointments, messages and plans
- Practice everyday memory techniques
- Avoid misplacing objects
- Overcome “tip of the tongue” memory slips

For more information about the program please contact:
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Living Better Longer